

elä

L I F E

A curated range of wellness,
body and skincare.





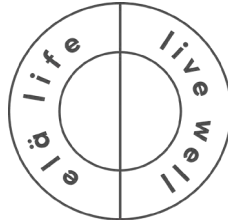
elä
No. 3 | Patchouli
Yuzu, Eucalyptus
Pine Needle & Co.
CANDLE

elä
No. 3 | Root
Patchouli, Peppermint, Citrus
& Sandalwood
BATH SALTS



To **live well** is vital, to **tread lightly** on this earth is essential.





Elä Life, the sister brand to ALSO Home, is a natural wellness brand created by Anna Schmidt.

Where ALSO Home enables you to live simply, Elä Life invites you to live well.

Elä Life brings the finishing touches of ambience to your home through candles and aromatherapy as well as enabling moments to show yourself love and selfcare. Inspired again by the simplicity of Scandinavia, Anna set about to create a beautiful brand that would sit with and carry the same aesthetic of ALSO Home.

natural ingredients

100% essential oils

no synthetic fragrances

vegan

cruelty free

sls and paraben free

small batches

made in the uk



E L Ä L I F E

A range of carefully curated **natural** and botanically derived skincare, body, home fragrance and aromatherapy products.

Using natural ingredients and only 100% essential oils, we believe that what you put on your skin and breathe in should be **nourishing** and benefit your **wellbeing**.

We also believe that it is our responsibility both as a business and individuals to care for our planet and **tread lightly** on this earth.

Created around **5 essential oil blends**, Begin No 1, Nurture No 2, Pause No 3, Grounded No 4 and Rest No 5. The range is designed to provide you with the perfect routine of products to help you journey through your day with **self care** at the centre. From the moment you wake, through to the end of the day as you wind down to sleep, each product has been thoughtfully considered to give you a moment to be **intentional**, pause, take care of and **nurture** your whole body, face and mind.







no. 0

NUDE



fragrance free

Our **Nude No 0** range of products are fragrance free and made from natural ingredients and green tea extract. We've come to realise that not everyone wants fragranced products or can use them, but should still be able to unwind and relax and take care of themselves. If you have an allergy or are pregnant, then this simple, clean range is safe to use.





**nude no 0 green tea
face mask 250ml**
20GT00
rrp £32
trade £12.50
minimum order 6



**nude no 0
kaolin white clay mask 120ml**
20WM00
rrp £22
trade £9
minimum order 6



**nude no 0 green tea
face cream 250ml**
20CR00
rrp £10
trade £3.50
minimum order 6



**nude no 0
french green clay mask 120ml**
20FG00
rrp £22
trade £9
minimum order 6



nude no 0 bath salts
500ml
20BA00
rrp £16
trade £6.20
minimum order 6



nude no 0 bath salts
250ml
21BM00
rrp £8
trade £3
minimum order 6



**nude no 0 bath &
body oil 100ml**
20BB00
rrp £15
trade £6.20
minimum order 6



nude no 0 face oil
30ml
20FO00
rrp £10
trade £4
minimum order 6

**new improved recipe - now includes
green tea extract, squalane and
vitamin e**

nude no 0 green tea
clay cleanser 150ml
21CL00
rrp £12
trade £4.50
minimum order 6





elä



No.1 | Begin

Geranium, Dill Seed, Bergamot & Bay

BODY WASH

elä



No.1 | Begin

Geranium, Dill Seed, Bergamot & Bay

BODY WASH

no. 1

BEGIN



geranium, dill seed, bergamot & bay

Our aromatherapy blend **Begin No 1** is hand blended and created by us to help you start your day.

An uplifting fragrance of Geranium, Dill Seed, Bergamot and Bay 100% essential oils. Available in a range of products blended by us to help you wake up and start your day, it's the perfect blend for a diffuser first thing in the morning in your bedroom to boost your mood. Fresh and uplifting, this blend will give you energy and a positive mindset for your day ahead.





begin no 1 candle
200g (7oz)
20CA01
rrp £26
trade £10.70
minimum order 6



begin no 1 votive
90g (3.5oz)
21VC01
rrp £12.50
trade £5
minimum order 6



begin no 1 body wash
300ml
20B301
rrp £20
trade £8.20
minimum order 6



begin no 1 body wash
500ml
20B501
rrp 30
trade £12.20
minimum order 6



begin no 1 bath salts
500ml
20BA01
rrp £22
trade £9.50
minimum order 6



begin no 1 bath salts
500ml
21BM01
rrp £12
trade £4.50
minimum order 6



begin no 1 hand & body lotion
300ml
22L301
rrp £20
trade £8.20
minimum order 6



begin no 1 hand & body lotion
500ml
22L501
rrp £30
trade £12.20
minimum order 6

begin no 1 aromatherapy
diffuser blend 10ml

20AR01

rrp £14

trade £5.25

minimum order 6





no. 2

NURTURE



geranium, petitgrain & frankincense

Our aromatherapy blend **Nurture No2** is a self care blend of Geranium, Petitgrain and Frankincense 100% essential oils. Blended by us, this range of products are for those moments when you need to nurture and nourish your body and mind to remember that you are important, that you matter and that you are loved. An uplifting, fresh and lightly floral blend that cleanses your mind.





nurture no 2 bath salts
500ml
20BA02
rrp £22
trade £9.50
minimum order 6



nurture no 2 bath salts
250ml
21BM02
rrp £12
trade £4.50
minimum order 6



nurture no 2 candle
200g (7oz)
20CA02
rrp £26
trade £10.70
minimum order 6



nurture no 2 votive
90g 3.5oz)
21VC02
rrp £12.50
trade £5
minimum order 6



nurture no 2 bath & body oil
150ml
20BB02
rrp £18
trade £7.50
minimum order 6



nurture no 2 face oil
30ml
20FO02
rrp £12
trade £4.20
minimum order 6



nurture no 2 hand soap
500ml
20S502
RRP £30
trade £12.20
minimum order 6



nurture no 2 hand lotion
500ml
20L502
rrp £30
trade £12.20
minimum order 6



nurture no 2 hand soap
300ml
20S302
rrp £20
trade £8.20
minimum order 6



nurture no 2 hand lotion
300ml
20L302
rrp £20
trade £8.20
minimum order 6

nurture no 2 face cream

60ml

21CR02

rrp £14

trade £4.50

minimum order 6





**nurture no 2 aromatherapy
diffuser blend 10ml**
20AR02
rrp £14
trade £5.25
minimum order 6



no. 3

PAUSE



vetivert, ho leaf, pine needle & fir

Pause No 3, is a refreshing blend of Vetivert, Ho Leaf, Pine Needle and Fir 100% essential oils. Available in a candle and diffuser oil blend, the fragrance helps transport you outside where you can pause, breathe and feel refreshed. With hints of cut grass, woodland walks and fresh air, this blend will pick you up just when you need it.





pause no 3 bath salts
500ml
22BA03
rrp £22
trade £9.50
minimum order 6



pause no 3 aromatherapy
diffuser blend 10ml
20AR03
rrp £14
trade £5.25
minimum order 6



pause no 3 candle
200g (7oz)
20CA03
rrp £26
trade £10.70
minimum order 6



pause no 3 votive
90g (3.5oz)
21VC03
rrp £12.50
trade £5
minimum order 6



pause no 3 hand soap
300ml
22BA03
rrp £20
trade £8.20
minimum order 6



pause no 3 hand soap
500ml
22S503
rrp £30
trade £12.20
minimum order 6



pause no 3 hand & body lotion
300ml
22BA03
rrp £20
trade £8.20
minimum order 6



pause no 3 hand & body lotion
500ml
22BA03
rrp £30
trade £12.20
minimum order 6

pause no 3 bath salts
250ml
22BM02
rrp £12
trade £4.50
minimum order 6



no. 4

GROUNDLED



black pepper, nutmeg, clary sage & cinnamon

Our aromatherapy blend, **Grounded No 4**, is a warm woody and earthy blend of Black Pepper, Nutmeg, Clary Sage and Cinnamon 100% essential oils. Blended by us for those moments when everything feels overwhelming and you need to feel grounded and centred again. Our most masculine blend, it helps relieve tension and bring a renewed sense of euphoria. Our hint to rustic autumn and festive winter, this is a calming and memorable blend.





**grounded no 4 aromatherapy
diffuser blend**

10ml

20AR04

rrp £14

trade £5.25

minimum order 6



grounded no 4 candle

200g (7oz)

20CA04

rrp £26

trade £10.70

minimum order 6

grounded no 4 votive
90g (3.5oz)
10VC04
rrp £12.50
trade £5
minimum order 6





no. 5

REST



clary sage, ylang ylang, petitgrain & patchouli

Our **Rest No 5** range is handmade and blended to be relaxing and calming. Combining Clary Sage, Ylang Ylang, Petitgrain and Patchouli 100% essential oils and natural ingredients.

Created by us to help you wind down and prepare for a good nights sleep, this range of products offers everything for your bedtime routine to bring calm and balance to the end of your day.





rest no 5 bath salts
500ml
20BA05
rrp £22
trade £9.50
minimum order 6



rest no 5 bath salts
250ml
21BM05
rrp £12
trade £4.50
minimum order 6



rest no 5 candle
200g (7oz)
20CA05
rrp £26
trade £10.70
minimum order 6



rest no 5 votive
90g (3.5oz)
21VC05
rrp £12.50
trade £5
minimum order 6



rest no 5 bath & body oil
150ml
20BB05
rrp £18
trade £7.50
minimum order 6



rest no 5 face oil
30ml
20FO05
rrp £12
trade £4.20
minimum order 6



rest no 5 face cream
60ml
20CR05
rrp £14
trade £4.50
minimum order 6



rest no 5 clay cleanser
150ml
20CL05
rrp £16
trade £6.50
minimum order 6

rest no 5 aromatherapy
diffuser blend
10ml
20AR05
rrp £14
trade £5.25



rest no 5 hand & body lotion
300ml
20L305
rrp £20
trade £8.20
minimum order 6

rest no 5 hand soap
300ml
20S305
rrp £20
trade £8.20
minimum order 6





rest no 5 hand & body lotion
500ml
20L505
rrp £30
trade £12.20
minimum order 6



rest no 5 hand soap
500ml
20S505
rrp £30
trade £12.20
minimum order 6



accessories



sustainable

Our range of accessories are designed and created to compliment our skincare, candles and aromatherapy products. Essential to our brand are products which tread lightly on the earth, are sustainable, biodegradable or recyclable. Using mostly natural materials, these accessories will stand the test of time yet be kind to our planet.





reusable skincare pads
set of 10
20FPAC
rrp £16
trade £7.50
minimum order 6



bamboo set of 2 baskets
15x11.5/ 12.5x9cm
20BAAC
rrp £18
trade £6.80
minimum order 6



electric diffuser lamp
ceramic and bamboo
20EDAC
rrp £78
trade £35
minimum order 6



bamboo bowl
4x8cm
20B2AC
rrp £5
trade £2.20
minimum order 6



sets





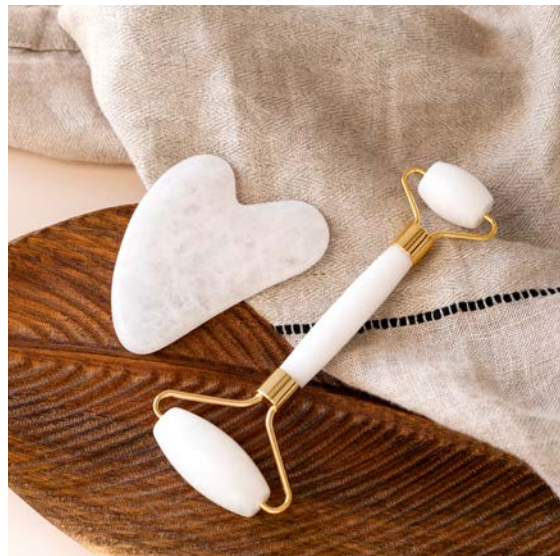
**xiujian jade gua sha & facial
roller set**
21XJAC
rrp £43
trade £15.50
minimum order 6



**rose quartz gua sha & facial
roller set**
21RQAC
rrp £43
trade £15.50
minimum order 6



**black obsidian gua sha & facial
roller set**
21BOAC
rrp £43
trade £15.50
minimum order 6



**white jade gua sha & facial roller
set**
21WJAC
rrp £43
trade £15.50
minimum order 6

gua sha & roller sets packed in a beautiful gift box, with instruction card and drawstring bag.



elä



well
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GUA SHA

The benefits of Gua Sha
The Gua Sha tool is a traditional Chinese Medicine tool used for thousands of years. It is made from natural stone and is used to massage the skin and muscles, improving circulation and promoting relaxation.

Gua Sha has been used for thousands of years in traditional Chinese Medicine and is used to stimulate the lymphatic system and help your skin heal itself.

How to Use:

1. Apply face oil or Face Cream to your face and neck to ensure your skin is hydrated.
2. Always work upwards and outwards.

3. Using the upper edge of the Gua Sha and even pressure on the forehead work from the brow towards the hair line 5-6 times. Start in the centre and move along the forehead.
4. Using the inside edge and even pressure work along the top of the brow 5-6 times.

5. Using the lower edge of the Gua Sha and gentle pressure work underneath the eye following the shape of the cheekbone 5-6 times. Move down from the top of the cheek bone.

6. Using the inside edge of the Gua Sha and gentle pressure work along the chin towards the neck 5-6 times.
7. Using the inside edge of the Gua Sha and gentle pressure work along the neck towards the shoulders 5-6 times.

experience our simple skincare protocol. a gift box that includes rest no 5 clay cleanser, reusable skincare pads, bamboo bowl, white clay face mask, rest no 5 face oil, rest no 5 face cream.





skincare discovery set

21WJAC

rrp £68

trade £31.70

minimum order 6



aromatherapy blend
discovery set
21ATDS
rrp £60
trade £26.25
minimum order 6

a discovery set of all 5 of our
aromatherapy blends.







elä

elä



100% ESSENCE
NATURAL INGREDIENTS
NATURAL
BABY OIL



How to Order

We are happy to be able to offer Elä Life to Wholesale Stockists.

Whether you have a lovely shop, department store or boutique, beauty room, hotel, B&B or restaurant we have something in our range which we are sure your customers will love.



1. To open a wholesale account, please go to our website www.elalife.uk and complete the form on the homepage or on the footer at the bottom of the website.
2. Please ensure you include your address in the notes section of the form along with the type of stockist that you are.
3. We will receive this message and set you up as a wholesale account on our computer system.
4. You will receive an invitation from us to then complete the account set up.
5. You will now be able to buy at wholesale prices direct from our website.

TREAD LIGHTLY

At Elä Life, working in harmony with the natural world is at the heart of everything we do. The very essence of our products is derived from earth's precious resources, meaning we are acutely aware of our responsibility to preserve and protect our planet and are on a continuous journey to minimise the impact our business has on the environment.

With society waking up to the consequences that our small, everyday decisions can have on the world around us, it is more important than ever to champion sustainability in all facets of our lives, including our homes and our daily routines - right down to the finishing touches. It is this very commitment that runs through our daily business practices and into our products.

We only use biodegradable packaging for our deliveries and, wherever possible all product packaging is recycled or recyclable. We create products with their full life-span in mind, making it possible for them to be used for many years and in many different ways. We actively encourage our customers to thoughtfully dispose of bottles and packaging or reuse them; our candle jars and lids can be repurposed for storage around the home and our bottles are perfect for refilling with other products.





ON THE EARTH

We also carefully consider the suppliers we work with and our choice of materials, where possible sourcing local ingredients that are local to Surrey. We make our candles by hand in small batches using a beautiful, plant-based combination of coconut, rapeseed oil and 100% essential oils

The benefit of making all our products in small batches enables us to minimise waste and limit our environmental impact. This thoughtful artisan based production style keeps us environmentally conscious and helps us maintain a slower, steady pace as a business. This is not only good for the environment but also our mental wellbeing.

As a brand built on the idea that it is possible to live well and tread lightly on the earth, we are passionate about continuing this journey with a varied and innovative approach, implementing new initiatives across the business - from seeking out sustainable materials and rediscovering traditional skills - in an effort to lighten our footprint on this beautiful planet.

live well



ela
ESSENTIAL OIL



Contact

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